

# Unfortunately, Bullying Is Common



- One out of every five students has experienced bullying at some point.
- Many children are bullied by peers who are larger or stronger than they are.
- Some children are bullied because they have less money than their peers.
- Fewer than half of all students who experienced bullying in school report it to authorities.

## Impact of Bullying



- Eating habit changes
- Skipping or avoiding school
- Low confidence and self-esteem
- Feeling shameful
- High risk of illness
- Poor academic performance
- Difficulty maintaining relationships
- More susceptibility to substance abuse
- Depression and anxiety
- Risk of suicidal thoughts
- Increased Self-Isolation