



MOM - A TRUE SUPERWOMEN

Being a mom is the ultimate sacrifice:

- They give up their body for nine months to grow the little baby.
- They go through labor and delivery.
- They go through the emotions that come with childbirth.
- They spend tireless hours feeding the baby.



But most importantly, moms give up who they were before they were mothers.

ROLE OF A MOTHER

- 1 **The Caregiver**
- 2 **The Health Care Provider**
- 3 **The Activity Coordinator**
- 4 **The Child's Teacher**
- 5 **The Financial Planner**
- 6 **The Emotional Nurturer**
- 7 **The Relationship Coach**
- 8 **The Home Caretaker**
- 9 **The Brain of the Family**
- 10 **The Spiritual Guide**

